

## Diabetes Prevention and Control Program

*Cardiovascular, Diabetes, Nutrition, and Physical Activity Section*

Due to the preventable complications of diabetes every day in Washington State...

- Three people suffer an amputation
- Two people suffer from renal failure
- One person goes blind
- 176 people are hospitalized
- 11 people die

**Over 101,400 people have undiagnosed diabetes. Meanwhile they develop the complications of diabetes.**

**251,600 people in Washington have diagnosed diabetes.**

**Funded by Centers for Disease Control**

**For more information about the Diabetes Prevention and Control Program, please contact:**  
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### Program Activities

**Surveillance** – Multiple data sources are monitored to track the burden of diabetes within Washington, measure progress towards both state and national objectives, and guide activity development.

**Washington State Collaboratives** – Primary care practices participate in a systematic approach to healthcare quality improvement sponsored by the DPCP, Qualis Health, and Improving Chronic Illness Care. This evidence-based Collaborative provides the mechanism for changing the healthcare delivery system from the acute care model to the chronic care model. Practice teams focus on a condition such as diabetes, testing and measuring practice innovations which improve outcomes. Over 65 organizations have participated in one or more of the three Collaboratives offered.

**Chronic Disease Electronic Management System (CDEMS)** – A primary care focused registry, tracking and reporting system has been developed to prompt preventive care practices following national diabetes guidelines of care. CDEMS allows primary care practices to track multiple chronic conditions including cardiovascular disease, asthma, and depression. This registry can be viewed and downloaded from CDEMS.com

**Community-Based Diabetes and Diabetes Prevention** – Using the National Diabetes Education Program materials, the state program funds community coalitions of color to promote the awareness of diabetes and diabetes prevention.

**Diabetes Detection Initiative** – Along with Region X DHHS and other Seattle partners, this national pilot initiative is setting the course to find people who are undiagnosed with diabetes. The pilot is focused on Asian American Pacific Islanders in the Seattle area.

**Partnerships** - Many of the activities carried out by the program are in partnership with other major state and national programs, all working towards reducing the burden of diabetes and other chronic diseases. Two of these partners are the Healthier STEPS Program (DHHS) and the Racial and Ethnic Approaches to Community Health (REACH) grant (CDC).

**Mission: To promote nutrition, physical activity and optimal care to prevent or treat obesity, diabetes and cardiovascular disease in Washington State.**